

TRANSLUMINAL ANGIOPLASTY INSTRUCTIONS

Transluminal angioplasty means:

Transluminal – within the artery

Angioplasty – repair or structural modification of the artery

This may be done either percutaneously (through a needle-stick in the skin) or operatively (through an incision.)

Through the use of a balloon, improved flow through the artery has been restored. The length of time the artery remains open varies with each individual. Therefore, we need to continue to see you in the office to watch your progress.

Please continue to observe the puncture site/incision over the next week. If you notice any of the following signs, call our office immediately at 763-0510:

Percutaneous procedure:

1. Bleeding at the site;
2. Increased bruising to the area;
3. Swelling at the site;
4. Redness at the site; and/or
5. Pain in the lower abdomen, lower back, groin, or leg.

Operative procedure:

1. Increase in redness of the incision;
2. Swelling/Puffness of the incision;
3. Drainage from the incision;
4. New open areas; and/or
5. Pain in the lower abdomen, lower back, groin, or leg.

CARE INSTRUCTIONS

Percutaneous procedure:

Keep the puncture site clean and dry. Wash the area with soap and water daily. Then rinse and pat dry. After the first day or two, the band-aid is no longer necessary.

Operative procedure:

It is normal for your incision to be slightly red, sore, and itchy while it is healing. Be sure the water is tepid, as extremes in water temperature (too hot or too cold) may irritate the incision as it heals. Please keep your incision dry after washing. Do not soak the area in the bathtub and do not apply moist compresses unless specifically directed by your surgeon. Do not use powders, lotions, ointments, slaves or balms to your incision.

You should take it easy at home for _____. Slowly get back to your normal routine while allowing the puncture/incisional site to heal completely. Follow the enclosed walking program to help develop the circulation and maintain the results you have obtained from the angioplasty. Other than the walking program, refrain from more strenuous activities, such as driving and heavy lifting, for _____. Taking a shower is okay, since the running water will not hurt the area.